

Dear Member or Member Caregiver,

These charts will help you understand and navigate the Long Term Care programs available within Health First Colorado (Colorado's Medicaid Program). Additionally, there are Case Managers across the state that are able to explain the various programs and answer any questions you may have.

To help you choose a Home and Community Based Services (HCBS) waiver, we recommend you begin thinking about the following questions:

What services are you hoping to receive?

- Do you need in-home care and/or supports?
- Where are you living now? Are you planning to stay there?
- What additional services do you need/want?

What are your needs? For instance:

- What services have you used to date?
- Do you need assistance with transportation?
- Have you received nursing services in your home?

What is the difference between Health First Colorado and Home and Community Based Services?

Health First Colorado provides its members with base medical benefits. These benefits (sometimes referred to as State Plan Benefits) include Primary Care, Pharmacy, Dental Services, and many more. Some of these benefits have restrictions. Please visit www.colorado.gov/hcpf for a complete listing of benefits and their requirements.

Home and Community Based Services (HCBS) are additional benefits within Health First Colorado designed to allow individuals who are at risk for institutional placement to remain in the community.

- A person is said to be at risk for institutional care/placement if his/her needs require care that would typically be provided through a hospital, nursing facility, or intermediate care facility.

Long-Term Care Assessment

The Long Term Care assessment helps us understand how much help you need with Activities of Daily Living (ADLs) such as bathing, dressing, and others. Determining an individual's functional needs is one component of eligibility for HCBS waivers.

The Long Term Care assessment is a foundational component of the service planning process that helps assist in the selection of Long Term Care services to meet an individual's needs.

Case Managers from Single Entry Point (SEPs) agencies and Community Centered Boards (CCBs) will meet with you in person to complete the Long Term Care assessment.

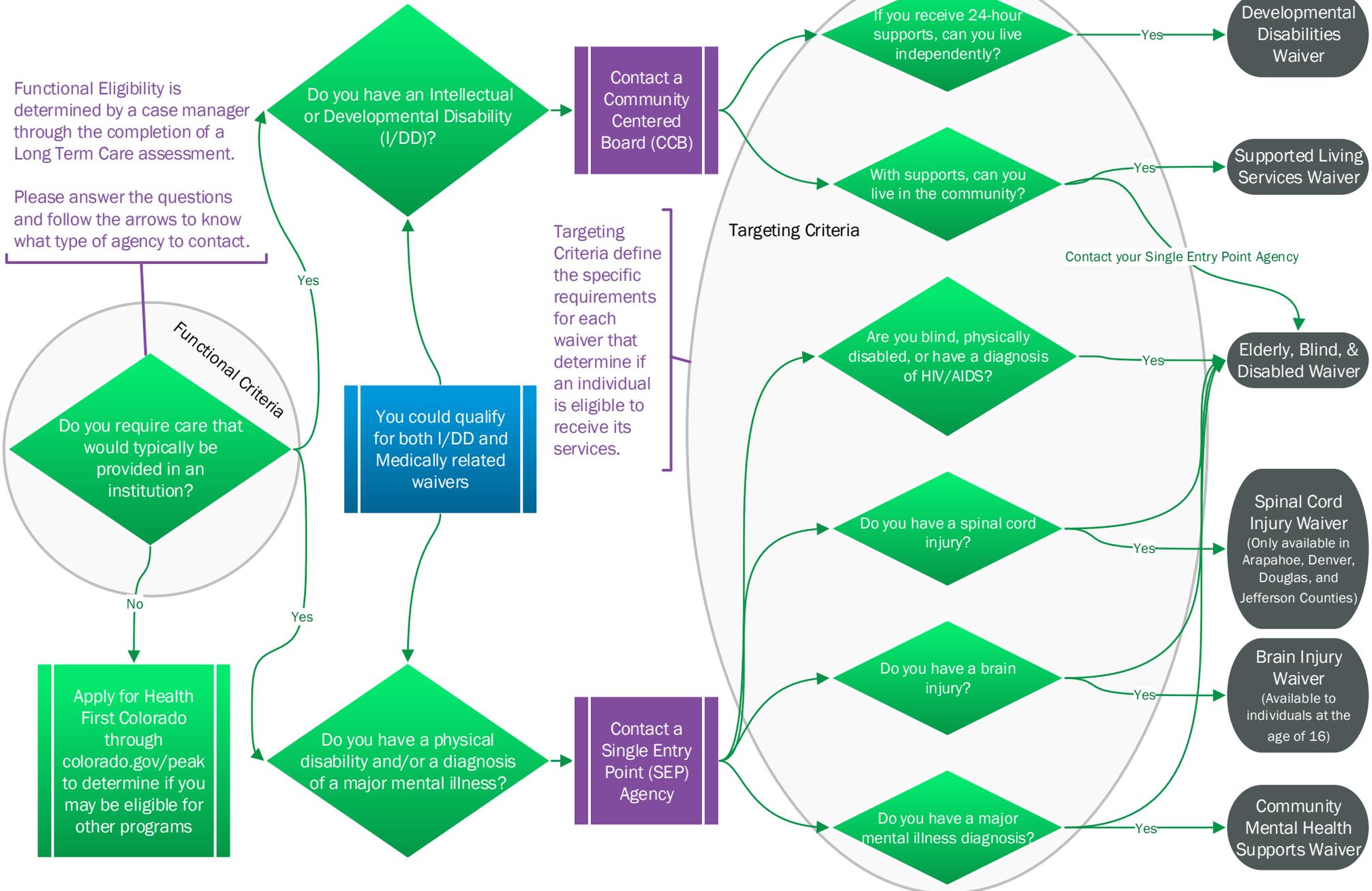
Individuals can find contact information for their local SEP or CCB on colorado.gov/hcpf.

Choosing an HCBS Waiver for Adults

Note: Use of this chart does not determine, or guarantee in any way, waiver eligibility

Functional Eligibility is determined by a case manager through the completion of a Long Term Care assessment.

Please answer the questions and follow the arrows to know what type of agency to contact.



Finding HCBS Services

