

## Learn the Signs. Act Early.

[Learn the Signs Home](#)

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Milestones +

**Milestone Tracker App**

Digital Online Checklist +

*Milestones in Action*: Photos & Videos +

If You're Concerned +

Free Materials +

Videos, Social Media, and Web Buttons

Families +

Healthcare Providers

Early Childhood Educators +

WIC Programs +

## CDC's Milestone Tracker App

[Español \(Spanish\)](#) | [Print](#)

Download it free today on [iOS](#) and [Android](#) devices in English and [Spanish](#)!



Milestones matter! Track your child's milestones from age 2 months to 5 years with CDC's easy-to-use illustrated checklists; get tips from CDC for encouraging your child's development; and find out what to do if you are ever concerned about how your child is developing.

From birth to age 5, your child should reach milestones in how he or she plays, learns, speaks, acts, and moves. Photos and videos in this app illustrate each milestone and make tracking them for your child easy and fun!

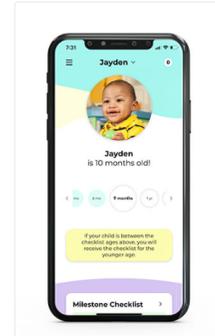
### What People Are Saying!

*"I have downloaded the app for my family and recommend it to my patients. It is easy to use, has great videos, and appeals to all audiences which I appreciate."*

Elise Gentile, MS, APRN, CPNP, Advocate Children's Hospital, Oak Lawn, IL

*"I love the photos and videos on Milestone Tracker, it helps me to know exactly what milestones my son should be reaching."*

Jasmine B., mother of 1-year-old, Atlanta, GA



Learn more: <https://www.cdc.gov/ncbddd/actearly/milestones-app.html>

Available in the App store or Google play store