

Program or Service Name	Program or Service Area	Target Population	Program or Service Delivery and Implementation	Evidence Rating	(Select) Intended Outcomes
COLORADO INITIAL PROPOSED SERVICE ARRAY					
Nurse-Family Partnership (NFP)	In-Home Parent Skill-Based	First-time, low-income mothers. Participation of fathers and other family members encouraged.	Mothers enroll early in pregnancy and may continue until child turns two. One-on-one visits by registered nurses in the home or a location of the mother's choice. Goal is to complete 60 visits, lasting 60-90 minutes each.	Well-Supported	<ul style="list-style-type: none"> • Child safety • Child well-being: Cognitive functions and abilities • Child well-being: Physical development and health • Adult well-being: Parent/caregiver physical health
SafeCare®	In-Home Parent Skill-Based	Parents of children ages zero to five at risk for child neglect and/or abuse and parents with a history of child neglect and/or abuse.	Weekly sessions of approximately 1 to 1.5 hours for a duration of 18-20 weeks. Typically conducted in the home.	Supported	<ul style="list-style-type: none"> • Child safety • Child well-being: Behavioral and emotional functioning • Child well-being: Cognitive functions and abilities • Child well-being: Educational Achievement and Attainment • Adult well-being: Positive parenting practices • Adult well-being: Parent/caregiver mental or emotional health • Adult well-being: Family functioning

Parents as Teachers (PAT)	In-Home Parent Skill-Based	Families with an expectant mother or parents of children up to kindergarten entry (usually five years) in possible high-risk environments.	Starts prenatally and continues until child reaches kindergarten. Parent educators meet with families, usually in the home, biweekly to monthly based on need. Recommended duration is at least two years.	Well-Supported	<ul style="list-style-type: none"> • Child safety • Child well-being: Social functioning • Child well-being: Cognitive functions and abilities
Healthy Families America	In-Home Parent Skill-Based	New and expectant families with children at risk for maltreatment or adverse childhood experiences.	Home-visiting services begin as early as prenatally and continue until child is three to five years old.	Well-Supported	<ul style="list-style-type: none"> • Child safety • Child well-being: Behavioral and emotional functioning • Child well-being: Cognitive functions and abilities • Child well-being: Educational Achievement and Attainment • Adult well-being: Positive parenting practices • Adult well-being: Parent/caregiver mental or emotional health • Adult well-being: Family functioning
Parent-Child Interaction Therapy (PCIT)	Mental Health	Children ages two to seven with behavior and parent-child relationship problems.	Typically delivered in playroom settings where therapists can observe behaviors via one-way mirror and provide verbal direction and support to	Well-Supported	<ul style="list-style-type: none"> • Child well-being: Behavioral and emotional functioning • Adult well-being: Positive parenting practices

			caregiver. Average number of sessions is 14.		<ul style="list-style-type: none"> ● Adult well-being: Parent/caregiver mental or emotional health
Fostering Healthy Futures (FHF) Preteen	Mental Health	Children ages 9 to 11 who have previous or current child welfare involvement due to one or more adverse childhood experiences.	30-week program delivered through one-on-one mentoring conducted by graduate students with weekly skills groups that reinforce individual mentoring sessions.	Well-Supported <i>*Colorado independent systematic review</i>	<ul style="list-style-type: none"> ● Child well-being: Behavioral and emotional functioning ● Child permanency
Multisystemic Therapy (MST)	Mental Health, Substance Abuse	Youth between the ages of 12 and 17 and their families. Youth have possible substance abuse issues and are at risk of out-of-home placement due to antisocial or delinquent behaviors and/or youth involved with the juvenile justice system.	Intensive family and community-based treatment. Multiple weekly visits between the therapist and family, over an average of three to five months. Intensity of services varies based on clinical needs.	Well-Supported	<ul style="list-style-type: none"> ● Child permanency ● Child well-being: Behavioral and emotional functioning ● Child well-being: Delinquent behavior ● Adult well-being: Positive parenting practices ● Adult well-being: Parent/caregiver mental or emotional health ● Adult well-being: Family functioning
Functional Family Therapy (FFT)	Mental Health	At-risk youth ages 11 to 18 who have been referred for behavioral or emotional problems, and their families.	Therapists spend 90 minutes face-to-face and 30 minutes over the phone with each family weekly. Average duration is three to five months.	Well-Supported	<ul style="list-style-type: none"> ● Child well-being: Behavioral an emotional functioning ● Child well-being: Substance use ● Child well-being: Delinquent behavior

					<ul style="list-style-type: none"> ● Adult well-being: Family functioning
ANTICIPATED FUTURE PROPOSED SERVICES					
Child First <i>*Pending ongoing rigorous evaluation plan</i>	In-Home Parent Skill-Based, Mental Health	Children from the prenatal stage through 5 years of age who have experienced disruption in secure attachment with their parent.	A mental health clinician and care coordinator visit families in the home over the course of 6 to 12 months, with a focus on stabilizing and connecting the family to services and supports.	Supported	<ul style="list-style-type: none"> ● Child safety ● Child well-being: Behavioral and emotional functioning ● Child well-being: Cognitive functions and abilities ● Adult well-being: Parent/caregiver mental or emotional health ● Adult well-being: Family functioning
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) <i>*Pending ongoing rigorous evaluation plan</i>	Mental Health	Children and youth (ages three to 18) who have experienced trauma and their caregivers.	Includes separate and then conjoint psychotherapy sessions for child and parent. Weekly sessions over 12 to 18 weeks.	Promising	<ul style="list-style-type: none"> ● Child well-being: Behavioral and emotional functioning ● Child well-being: Social functioning ● Adult well-being: Positive parenting practices ● Adult well-being: Parent/caregiver mental or emotional health
Motivational Interviewing (MI)	Colorado considers MI a cross-cutting intervention that can be used to promote behavior	Can be used to promote behavior change with a range of target populations and for a	MI is typically delivered over one to three sessions, and ongoing through the life of a case. There are no minimum	Well-Supported	<ul style="list-style-type: none"> ● Adult well-being: Parent/caregiver substance use

	change with a range of target populations and for a variety of problem areas.	variety of problem areas.	qualifications, and MI can be used by a variety of different professionals.		<ul style="list-style-type: none"> ● Adult well-being: Parent/caregiver mental or emotional health
High Fidelity Wraparound (HFW) <i>*Pending approval of independent systematic review and ongoing rigorous evaluation plan</i>	Mental Health	Children and youth (ages four to 17) with severe emotional, behavioral, or mental health difficulties and their families.	Typically delivered in home, foster care, or community-based organization over an average of 14 months. Engagement is more intensive in the early stages (one or more meetings per month) and decreases thereafter.	Promising	<ul style="list-style-type: none"> ● Adult well-being: family functioning
Colorado Community Response (CCR) <i>*Additional evidence needed</i>	In-Home Parent Skill-Based	Families that have been reported for child abuse or neglect but are either screened out or have their cases closed following assessment.	Comprehensive case management services with a focus on assisting families to access concrete services, including one-time cash assistance (i.e., flex funds), by leveraging both formal systems and informal resources.	TBD	<ul style="list-style-type: none"> ● Child safety ● Adult well-being: family functioning ● Adult well-being: Parent/caregiver mental or emotional health
Colorado Differential Response (DR) <i>*Additional work needed around fidelity monitoring</i>	Colorado considers DR a cross-cutting Intervention.	Families (with children under the age of 18) who were reported for child abuse or neglect and have a low to moderate risk of maltreatment.	Provides comprehensive case management by connecting families with services and supports to build strengths and protective capacities.	Well-Supported <i>*Via independent systematic review</i>	<ul style="list-style-type: none"> ● Child safety ● Adult well-being: Family functioning ● Adult well-being: Parent/caregiver mental or emotional health

DRAFT