

Patricia H. A. Perez, PhD

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Education

05/07

Chicago, IL

Loyola University Chicago

PhD, Counseling Psychology, minor in Multicultural Counseling

01/97

Chicago, IL

Erikson Institute

MEd, Early Childhood Development and Infant Studies

06/91

Evanston, IL

Northwestern University

BA, Psychology
Asian American Student Association, Dance Marathon, Delta Gamma Fraternity

Professional Experience

Instructional and Curriculum Design

10/14-present

Online

The Chicago School of Professional Psychology (TCSPP)

International Psychology Department, Online Campus

Field Experience courses (South Africa, Germany, Ghana, Kuwait, Philippines)

Diversity, Equity, Inclusion (Subject Matter Expert)

Acculturation Psychology (Subject Matter Expert)

International Lifespan Development (Subject Matter Expert)

Teaching

05/14-present

Chicago, IL

The Chicago School of Professional Psychology (TCSPP)

Associate Professor, International Psychology, Online Campus

Field Experience Faculty Lead (Kuwait, Ghana, Philippines),
Diversity Faculty Lead, and Certificate Program Faculty Lead,
Dissertation Chair/Reader

06/17-08/17

Chicago, IL/Online

City Colleges of Chicago

Harold Washington College
Adjunct Faculty, Department of Social Sciences

Child Development and Psychology

2014, 2016

Chicago, IL

Erikson Institute (Summer sessions)

Professional School for Child Development and Infant Studies
Adjunct Faculty, Infant and Toddler Certificate Program
(Online)

01/07-07/14
Chicago, IL

City Colleges of Chicago
Harold Washington College
Assistant Professor, Applied Science, Child Development

Adjunct Faculty, Social Science, Psychology

10/11-05/14
Chicago, IL

The Chicago School of Professional Psychology
Adjunct Associate Professor, Counseling Psychology, Applied
Behavior Analysis, Forensic Psychology, International
Psychology, Dissertation Affiliate Faculty (International
Psychology)

07/08-07/10
Chicago, IL

Loyola University Chicago
School of Education, Counseling Psychology, Adjunct Faculty

01/06-01/08
Chicago, IL

Erikson Institute
Professional School for Child Development and Infant Studies
Adjunct Faculty, Graduate Campus and Online Courses

12/01-05/02
Chicago, IL

Loyola University Chicago
School of Education
Department of Leadership, Foundations, and Counseling Psychology
Lecturer

Consultation

07/20-present

State of Colorado, Office of Respondent Parents' Counsel
Cultural Expert/Consultant

Diversity/Equity/Inclusion, Attachment and Culture, Parenting and Culture,
Family and Culture, Child Abuse and Neglect/Cultural Considerations

05/19-present
United Kingdom

Positive Ed
Educational Consultant

11/18-present
Payatas, Philippines

Solidarity with Orphans and Widows (SOW)
International Psychology Consultant

08/14-present
US, Kuwait, Philippines,
Campus Egypt, Indonesia, Ghana,
United Kingdom, Online

The Chicago School of Professional Psychology
International Psychology, Online

Children and Families, Diversity/Equity/Inclusion, In-country Travel/Virtual
Travel, Formal International Partnerships, Acculturation Psychology,
Global Trauma, Children with Special Needs, Child Abuse and Neglect,
Crisis-Informed Care

01/15-present
Kuwait City, Kuwait

Kuwait Counseling Center
Children and Family Consultant

01/14-present
Accra, Ghana

DUNK-GRASSROOTS
Children and Family and Diversity/Equity/Inclusion Consultant

01/13-present
Accra, Ghana

New Horizon Special School
Children and Families and Diversity/Equity/Inclusion Consultant

01/13-present
Accra, Ghana

Street Girls Aid
Children and Families and Diversity/Equity/Inclusion Consultant

Supervision and Administration

01/16-present
Online

The Chicago School of Professional Psychology
International Psychology, Online Campus

Faculty Instructor Training for in-country and virtual travel for field experience courses (Kuwait, Philippines, Ghana, Rwanda, Peru, South Africa, Brazil, Germany)

Review with admissions potential students for the International Psychology Certificate Program

Dissertation Chair and Reader for PhD students (Organizations and Systems and Trauma Services Concentrations)

08/05-01/07
Chicago, IL

Illinois Association for Infant Mental Health (ILAIMH)
Executive Coordinator

07/03-12/05
Lake County, IL

Community Action for Child Health Equity (CACHE)
Funders: NIH/NICHD
Principal Investigator: Madeleine Shalowitz, MD, MBA
Project Director

06/02-06/05
Evanston, IL

Evanston Northwestern Healthcare (ENH)
Department of Pediatrics, Section for Child and Family Health Studies,
Research Coordinator

09/98-05/99
Wilmette, IL

Loyola University Chicago
School of Education
Department of Counseling Psychology (CPSY)
Supervisor-CPSY 535 Seminar in Supervision

Clinical

10/01-01/11
Evanston, IL

Private Practice
Developmental Specialist and Psychotherapist

08/01-02/02
Skokie, IL

Turning Point Behavioral Health Care Center
Staff Therapist-Group Therapy

02/92-04/93
Evanston, IL

Children's Home & Aid Society of Illinois
Child Care Worker II-Rice Children's Center

09/99-12/99
Chicago, IL

Children's Memorial Hospital
Department of Child and Adolescent Psychiatry
Lab Technician-Ritalin Study-Alicia Kunin-Batson, MS,
Frank Zelko, PhD, Richard Martini, MD

05/99-06/99
Evanston, IL

Family Focus District #65
Even Start Literacy Program
Evaluator-Loyola University Team

08/96-03/99
Chicago, IL

Loyola Accreditation Project
Chicago (Metro) Association for the Education of Young Children
Office of Catholic Education
Evaluator

01/98-10/98
Chicago, IL

Chicago Association for Retarded Citizens
Child Development Specialist-Lakeview Early Intervention

09/95-08/97
Evanston, IL

Infant Welfare Society of Evanston, Inc.
Developmental Screener-“The Sooner, The Better” Program (TSTB)

04/93-09/95
Evanston, IL

Infant Welfare Society of Evanston, Inc.
Head Teacher-Baby Toddler Nursery

Clinical Internship

07/00-07/01
Skokie, IL

Turning Point Behavioral Health Care Center
Clinical Psychology Intern

Practica

Child Development

06/96-08/96
Chicago, IL

Chicago Association for Retarded Citizens
Early Intervention Intern-Lakeview Early Intervention Program

09/95-06/96
Chicago, IL

Jewish Federation of Metropolitan Chicago
Educational Therapist Intern-Virginia Frank Child Development Center

Clinical

07/98-07/99
Chicago, IL

University of Chicago Medical Center
Department of Child and Adolescent Psychiatry
Extern-Preschool Behavior Problems Clinic

07/97-07/98
Chicago, IL

University of Chicago Medical Center
Department of Child and Adolescent Psychiatry
Extern-Preschool Behavior Problems Clinic

08/96-08/97
Wilmette, IL

Loyola University Chicago
Center for Children, Families and Community
Co-facilitator-Baby ‘n Me Group

Assessment

07/98-07/99
Chicago, IL

Children’s Memorial Hospital
Department of Child and Adolescent Psychiatry
Extern-Pediatric Neuropsychology Service

Scholarship and Research

Selected Presentations

Perez, P. H. A. (2021, March 20). *Supporting children with special needs: Strategies for professionals, parents, and caregivers* [Webinar]. 4th Annual Middle East Psychological Association Conference and Expo.

Perez, P. H. A., Levy, B., Abdul-Adil, J., Spero, G., & Bohrer, D. (2020, December 17). *Listen to the music: Perspectives on music and stress during COVID-19* [Webinar]. The Institute for Professional & Continuing Studies, The Chicago School of Professional Psychology.

Perez, P. H. A., Pecanha, V., Beckman, S., & LeGoy, P. (2020, November 16). *Interprofessional education and practice: Applying acculturation psychology through service-learning in Kuwait* [Panel Presentation]. The Chicago School of Professional Psychology International Education Week.

Perez, P. H. A. (2020, May). *How to increase and support young people’s motivation*. Invited speaker for Positive ED (United Kingdom) Webinar Series.

Perez, P. H. A. (2020, May). *Coping with COVID*. Invited speaker for Mensah Medical Webinar Series.

- Perez, P. H. A. (2020, May). *Strategies for self-care and mental health: Managing care for others*. Invited speaker for a GLOBE Talk, TCS Education System, The Chicago School of Professional Psychology.
- Perez, P. H. A. (2020, April). *Building resilience in children during times of crisis*. Invited speaker for Nawfal Clinics (Beirut, Lebanon) Webinar Series.
- Perez, P. H. A., Fullick, J., & Duck, M. F. (2020, March). *Exploring multiple career pathways in international education: Teaching, leadership, and learning*. Accepted presenters at the NAFSA-Association of International Educators Virtual Conference.
- Perez, P. H. A. (2019, November). *Cultural psychology considerations for working with children and families*. Invited speaker at Adamson University. Manila, Philippines.
- Perez, P. H. A., Stevens, M. (2019, April). *On becoming globally engaged*. Invited webinar speakers for the International Council of Psychologists.
- Perez, P. H. A. (2019, March). *Early intervention and the 0-3 years: The sooner, the better*. Invited Presenter at The American University in Cairo, Egypt.
- Perez, P. H. A., Civljak, K., & Gangi, S. (2019, March). *Addressing globalization: Careers in International Psychology*. Presenters at Middle East Psychological Association Conference, Kuwait City, Kuwait
- Perez, P. H. A. (2018, October). *Online strategies for student service learning: Case consultation in Accra, Ghana*. Accepted presenter at The Chicago School of Professional Psychology Digital Teaching and Learning Conference, Chicago, Illinois.
- Perez, P. H. A. (2018, July). *Cultural consideration in infant/toddler screening and assessment*. Invited guest lecture at the Erikson Institute. Chicago, Illinois.
- Perez, P. H. A. (2018, May). *Leadership characteristics of group counselors*. Workshop conducted at Sanata Dharma University's Workshops on Group Counseling, Yogyakarta, Indonesia.
- Perez, P. H. A. (2018, May). *Multi-culturally competent group work*. Workshop conducted at Sanata Dharma University's Workshops on Group Counseling, Yogyakarta, Indonesia.
- Perez, P. H. A. (2018, April). *Cultural considerations in counseling practice*. Workshop conducted at The American University in Cairo's Psychological Counseling Services and Training Center. Cairo, Egypt.
- Perez, P. H. A. (2018, April). *Overview of the field of international psychology: Rationale and application*. Invited presenter at The American University in Cairo, Egypt.
- Perez, P. H. A. (2018, April). *Internationalizing psychology*. Presenters at Middle East Psychological Association Conference, Kuwait City, Kuwait.
- Perez, P. H. A. (2017, August). *Child development and engagement with youth*. Staff workshop conducted at DUNK!, Accra, Ghana.
- Perez, P. H. A. (2017, May). *Juvenile delinquency and youth development: Overview, prevention and intervention*. Workshop conducted at Sanata Dharma University's International Seminar and Workshop on School Counseling, Yogyakarta, Indonesia.
- Perez, P. H. A., & Cleve, R. (2017, April). *Exploring international psychology (IP): Background, rationale and application*. Presenters at Middle East Psychological Association Conference, Dubai, United Arab Emirates.
- Perez, P. H. A. (2017, February). *UP for discussion: Parental expectations*. Invited panelist for discussion about autism at Northbrook Public Library, Northbrook, Illinois.
- Perez, P. H. A. (2017, January). *Role of volunteers when working with individuals with disabilities*. Invited speaker at Northwestern University Academy for Music and Arts Special Education (AMASE) student club meeting, Evanston, Illinois.
- Perez, P. H. A. (2016, December). *Building healthy relationships with clients*. Invited workshop speaker at Street Girls Aid, Accra, Ghana.
- Perez, P. H. A. (2016, December). *Challenges and solutions: Brainstorming session*. Invited speaker at Autism Action Ghana, Accra, Ghana.

- Perez, P. H. A. (2016, December). *Question and answer session*. Invited facilitator at New Horizon Special School, Accra, Ghana.
- Perez, P. H. A. (2016, August). *Providing support for children with autism in the home*. Invited speaker at New Horizon Special School, Accra, Ghana.
- Perez, P. H. A. (2016, August). *Sexual health and well-being*. Invited workshop facilitator at DUNK! session, Accra, Ghana.
- Perez, P. H. A. (2016, May). *Context of family in the Asian Pacific American culture: Implications for psychology professionals*. Presentation at The Chicago School of Professional Psychology, Chicago, Illinois.
- Perez, P. H. A. (2016, May). *The role of school counselors in supporting children with special needs*. Keynote address delivered at Sanata Dharma University's International Conference, Yogyakarta, Indonesia.
- Perez, P. H. A. (2016, May). *Best practices: Managing children with special needs*. Workshop conducted at Sanata Dharma University's International Conference, Yogyakarta, Indonesia.
- Perez, P. H. A. (2016, April). *Challenging behaviors, early intervention, and developmental/clinical issues with children*. Invited address delivered at Department of Pediatrics research meeting, Al Ahmadi Hospital, Kuwait.
- Perez, P. H. A. (2016, April). *Changes from the DSM-IV to the DSM-5*. Invited speaker at monthly meeting of the Middle East Psychological Association, Kuwait.
- Perez, P. H. A. (2016, April). *Managing challenging behaviors as support for children's socio-emotional development*. Presentation at Kuwait Counseling Center, Kuwait.
- Perez, P. H. A. (2016, April). *Infusing international content into the curriculum: A panel discussion*. Presentation at The Chicago School of Professional Psychology, Online.
- Perez, P. H. A. (2016, March). *Puberty and relationships*. Invited session facilitator at DUNK! program, Accra, Ghana.
- Perez, P. H. A. (2016, March). *Aging and intellectual disability II*. Keynote address delivered at New Horizon Special School, Accra, Ghana.
- Perez, P. H. A., & Cooper, A. (2016, March). *Teen safety and social media*. Invited session facilitator at DUNK! program, Accra, Ghana.

Selected Publications

- Perez, P. H. A., & Darling, R. (2020, September 29). Building the mentor-mentee relationship. *For Our Wellness Newsletter*. <https://www.thechicagoschool.edu/insight/community/mentors-and-mentees/>
- Doll, B., Elmore, C., Park, D., Anderman, E., DuPaul, G., Nevsaria, N., Perez, P., McEntarffer, R., Sobotnik, R., Khalid, M., & Polishchuk, K. (2020). *Recommendations on starting school during the COVID-19 pandemic*. American Psychological Association. <https://www.apa.org/ed/schools/teaching-learning/recommendations-starting-school-covid-19.pdf>
- Perez, P. H. A. (2019, March 22). International psychology allows us to question the way we think of psychology as a whole. *For Our Wellness Newsletter*. <https://www.thechicagoschool.edu/insight/for-our-wellness/qa-with-international-psychology-professor-dr-patricia-perez/>
- Perez, P. (2008). *Part II: Do we hear you and see you?* Illinois Association for Infant Mental Health Newsletter, 28.
- Perez, P. (2008). *Do we hear you and see you?* Illinois Association for Infant Mental Health Newsletter, 27.
- Perez, P. (2007). *The relationship between childhood asthma-status and caregiver health outcomes*. ProQuest Interdisciplinary Dissertations and Theses (Microform).

Media

- The JAM. (2020, September 8). *Making the choice between e-learning and face-to-face schooling* [Video]. WCIU-TV. <https://www.wciu.com/videos/thejam/making-the-choice-between-e-learning-and-face-to-face-schooling>

Dissertation Chair/Reader Selected Publications

- Abramovitz, A. (2015). *Effects of internet exposure on east Indian youth: Implications on adolescent development* (Doctoral dissertation). Retrieved from Proquest Dissertation and Theses. (UMI No. 3722155)
- Benn-Dubois, J. (2016). *A cultural study on transactional sexual abuse in the Caribbean: Professional perspectives* (Doctoral dissertation). Retrieved from Proquest Dissertation and Theses. (UMI No. 3643952)
- Eraseren, T. (2014). *A phenomenological study on Brazilian adolescents' experiences of a digital inclusion program* (Doctoral dissertation). Retrieved from Proquest Dissertation and Theses. (UMI No. 3646091)
- Fiorilli, A. (2014). *Autism in children: A phenomenological study of South African caregivers* (Doctoral dissertation). Retrieved from Proquest Dissertation and Theses. (UMI No. 3646172)
- Gouge, B. (2014). *The lived experiences of trauma counselors in Uganda implementing scripture based trauma healing* (Doctoral dissertation). Retrieved from Proquest Dissertation and Theses. (UMI No. 3643952)

Grants and Project Support

11/20
Online

The Chicago School of Professional Psychology
International Programs and Services
Faculty Internationalization Grant, Recipient
Received Award: \$2700

Title of Project: Development and Presentation of a micro-credential program with CEs (American Psychological Association) in collaboration with Richmond-The American International University in London: Diversity, Equity & Inclusion: Working with Diverse Populations

10/20
Online

The Chicago School of Professional Psychology
TCS Education System
Global Grants, Strategic Grant Recipient
Received Award: \$4000

Title of Project: Development and Presentation of a micro-credential program with CEs (American Psychological Association) in collaboration with the Middle East Psychological Association (MEPA): Children with Special Needs in a Global Context

11/18
Online

The Chicago School of Professional Psychology
TCS Education System
Global Grants, Global Innovation Grant Recipient
Received Award: \$3500

Title of Project: International Student Recruitment in London, England

11/18
Online

The Chicago School of Professional Psychology
TCS Education System
Global Grants, Strategic Grant Recipient
Received Award: \$3500

Title of Project: Continued Collaboration between The Chicago School of Professional Psychology and the American University in Cairo

11/17
Online

The Chicago School of Professional Psychology
National Center for International Studies (NCIS)
Faculty Internationalization Grant
Co-PI (Indonesia)
Received Award: \$3632

Title of Project: International Research and Training in School Psychology

11/17
Online

The Chicago School of Professional Psychology
Faculty Development and Promotions Committee (FDPC)
Principal Investigator

Received Award: \$1500

Title of Project: International Research and Training in School Psychology

10/17
Online
The Chicago School of Professional Psychology
National Center for International Studies (NCIS)
Faculty Internationalization Grant
PI (Kuwait and Dubai, United Arab Emirates)
Received Award: \$4500

01/17-03/17
Online
The Chicago School of Professional Psychology
TCSP Community Partnerships
Service Learning Faculty Award
Received Award: \$1000

11/16
Online
The Chicago School of Professional Psychology
Faculty Development and Promotions Committee (FDPC)
Principal Investigator
Received Award: \$2500

Title of Project: Professionalizing School Counseling in Indonesia: Collaboration and Consultation

11/16
Online
The Chicago School of Professional Psychology
Cross-School Affiliate Internationalization Grant
Co-PI (Indonesia Project)
Received Award: \$4500

Title of Project: Professionalizing School Counseling in Indonesia: Collaboration and Consultation

10/16
Online
The Chicago School of Professional Psychology
National Center for International Studies (NCIS)
Faculty Internationalization Grant
PI (Dubai and Abu Dhabi, United Arab Emirates)
Received Award: \$3000

07/16
Online
The Chicago School of Professional Psychology
National Center for international Studies (NCIS)
J-1 Exchange Scholar Grant
Scholar: Othman Alkhadher, PhD (Kuwait)
Received Award: \$2900

03/16
Online
The Chicago School of Professional Psychology
Faculty Development and Promotions Committee (FDPC)
Principal Investigator
Co-Principal Investigator: Amanda Cooper
Received Award: \$300

Title of Project: Children and Adults with Disabilities in Ghana: Collaboration and Consultation

02/16
Online
The Chicago School of Professional Psychology
TCSP Strategic Planning
Curriculum Enhancement Award for course IIN514:
An International Analysis of Lifespan Development
Received Award: \$500

01/16-03/16
Online
The Chicago School of Professional Psychology
TCSP Community Partnerships
Service Learning Faculty Award
Received Award: \$900

12/15-05/16
The Chicago School of Professional Psychology

Online
TCSPP Office of Sponsored Programs (OSR)
Principal Investigator
Breedea McGrath, PhD (Co-PI, TCSPP)
Received Award: \$3000

Title of Project: Professionalizing School Counseling in Indonesia: Collaboration and Consultation

11/15-05/16
Online
The Chicago School of Professional Psychology
Faculty Development and Promotions Committee (FDPC)
Principal Investigator
Breedea McGrath, PhD (Co-PI, TCSPP)
Received Award: \$3750

Title of Project: Professionalizing School Counseling in Indonesia: Collaboration and Consultation

11/15-05/16
Online
The Chicago School of Professional Psychology
National Center for International Studies (NCIS)
PI (Kuwait and United Arab Emirates)
Received Award: \$1710

03/15-05/15
Online
The Chicago School of Professional Psychology
Faculty Development and Promotions Committee (FDPC)
Co-Principal Investigator (PI), Marilyn Susman, PhD (Co-PI, TCSPP),
Breedea McGrath, PhD (PI, TCSPP)
Received Award: \$3000

Title of Project: Professionalizing School Counseling in Indonesia: Collaboration and Consultation

11/14-05/15
Online
The Chicago School of Professional Psychology
National Center for International Studies (NCIS)
PI (Kuwait and Philippines)
Received Award: \$3000

02/99-05/00
Evanston, IL
Northwestern University/University of Chicago
Institute for Policy Research
Parent/Kochanska Coder-Welfare Reform and Children: Three Cities
Study (Developmental Component)-Lindsey Chase-Lansdale, PhD

08/99-12/99
Wilmette, IL
Loyola University Chicago
School of Education
Research Assistant-Steven D. Brown, PhD

08/96-08/98
Wilmette, IL
Loyola University Chicago
Center for Children, Families and Community
Data Analysis-Infancy Research Team

09/90-06/91
Evanston, IL
Northwestern University
Department of Psychology
Research Assistant-Susan Mineka, PhD

Honors and Awards

2018
United States
Elizabeth Hurlock Beckman Trust Award
Recipient

2016
Online
The Chicago School of Professional Psychology
Recipient, 2015-2016 Distinguished Teaching Award, Multicultural
Teaching Excellence

2011, 2013
Chicago, IL
The Chicago School of Professional Psychology
Nominee, Annual Adjunct Faculty of the Year Award

References Upon Request