

ANDREA M. SCHMIDT, MSW, LCSW, LAC

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PROFESSIONAL LICENSURE & EDUCATION

Licensed Clinical Social Worker (LCSW) in the State of Colorado (CSW-09923487)

Licensed Addiction Counselor (LAC) in the State of Colorado (ACD-0000298)

Master of Social Work, family-centered direct practice emphasis

May 2011

Newman University

Phi Alpha National Honor Society for Social Work

Bachelor of Social Work, child welfare emphasis

December 2009

Metropolitan State University

SOCIAL WORK EXPERIENCE

Individual and Family Outpatient Psychotherapist

February 2012 to present

Private Psychotherapy Practice, Aurora, CO

Contractor - Griffith Centers for Children – April 2016 to September 2018

Contractor - Families Forward Resource Center – February 2012 to December 2015

- Provide individual and family psychotherapy to children, adolescents, and adults with diverse backgrounds who have experienced substance use disorders, depression, anxiety, difficult personality presentations, emotion-regulation, trauma, post-traumatic stress and relationship challenges.
- Offer short-term, solution-focused therapy to employees through their employer EAP benefits.
- Deliver web-based therapeutic services to clients via HIPAA compliant platforms to enhance treatment access.
- Work with individuals and foster/kinship/parent-child(ren) while collaborating with treatment teams within various county Department of Human Services with the goal of reunification or permanent placement.
- Provide court-ordered testimony in dependency and neglect cases.
- Supervised therapeutic visitations and offered family preservation services to families with open dependency and neglect cases.
- Provide clinical supervision to unlicensed psychotherapists, addiction counselors, and interns.
- Conducted portfolio advisement of 5 staff members as they worked to earn their family worker credential.
- Primary theoretical orientation is relational and behavioral yet also employ other informed therapeutic modalities including psycho education, cognitive behavioral therapy, solution-focused, trauma-focused, directive and non-directive play therapies.

Substance Use Disorder and Mental Health Treatment Coordinator

Beacon Health Options, Colorado Springs, CO

Denver-remote

May 2017 to present

- Provide leadership to the clinical department related to behavioral health utilization management.
- Maintain updated knowledge related to treatment services and coding, and awareness of other community and governmental current issues related to the service needs and delivery of behavioral health treatment to Colorado Medicaid members.
- Serve on internal and state committees to specifically ensure that behavioral health services are considered in the development and maintenance of utilization management and integrated care.
- Review clinical documentation to determine treatment services are medically necessary.
- Train and educate staff on issues related to substance use disorders including ASAM level of care criteria, coding, resources, and state-wide system issues.

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- Work closely with behavioral health providers and other agencies to provide onsite and web-based training on documentation standards, coding, utilization compliance, guidance, expertise, and ensure quality of delivered services provided to members.

Licensed Clinical Social Worker and Licensed Addiction Counselor November 2012 to June 2017

Department of Veterans Affairs Eastern Colorado Health System, Denver, CO

- Served as the Substance Use Disorder Specialist in the Mental Health Department's Housing Urban Development-Veterans Affairs Supportive Housing Program (HUD-VASH).
- Provided intervention support to the HUD-VASH Program through establishing continuity of care between Homeless Programs through services to Veterans with behavioral health disorders as they transition from homelessness.
- Co-developed a harm-reduction behavioral health supportive treatment program utilizing a harm reduction model that accounted for active sub-cultural dynamics to include gang affiliation, drug distribution, religious/spiritual beliefs, sexual orientation, institutional experiences, and veteran identification.
- Conducted extensive biopsychosocial assessment, crisis intervention, facilitation of treatment and process groups held at the VA medical center, project-based housing communities, and Valor Point Domiciliary; home-based individual psychotherapy focused on substance use disorders, mental health, and PTSD; and community integration outings.
- Provided in-service presentations to hospital staff on topics related to homelessness, community reintegration, mental health, and psychoactive substance and behavioral addictions.

Licensed Social Worker and Certified Addiction Counselor

March 2008 to October 2012

Peer Assistance Services, Denver, CO

- Senior Case/Program Management of a health professionals monitoring program contracted by the Colorado Department of Regulatory Agencies for a mid-size non-profit.
- Provided case management services up to 80 multi-disciplinary health professionals in monitoring their rehabilitation from substance use and stabilization of psychiatric disorders.
- Conducted comprehensive biopsychosocial assessments and recommended treatment and practice limits to clients, public stakeholders, and state regulatory boards.
- Developed programs/projects to sustain the agency and increase program utilization including the development of curricula and delivery of employment workshops.
- Provided education and training in public venues including professional associations, academic institutions, and retail and hospital settings.

Prevention Programs Educator/Group Facilitator

December 2005 to April 2008

Peer Assistance Services, Denver, CO

- Facilitated psycho education parenting workshops to at-risk families with cultural, socioeconomic, educational, spiritual, and ethnic differences in school and treatment settings utilizing the Nurturing Parenting[®] curriculum.
- Facilitated Peer Support groups with multi-disciplinary healthcare professionals on voluntary and involuntary rehabilitation and monitoring contracts.

Related Internships

August 2010 to April 2011

Peer Assistance Services, Denver, CO

- Co-facilitated workshops utilizing the Within My Reach[®] and Within Our Reach[®] curriculums to community corrections parolees and TANF-specific recipients.
- Conducted workshops for couples utilizing Within Our Reach[®] curriculum to develop healthy relationships; improving communication skills; increasing partner safety while reducing domestic violence.

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PROFESSIONAL CERTIFICATIONS, TRAININGS, AND WORKSHOPS

Most of the listed trainings are intensive, of 16 to 24-hour duration, with lecture, discussion and facilitated practice. Workshops are of 2 to 8-hour duration.

Addictions

- Masters Addiction Counselor (MAC) NAADAC The Association for Addiction Professionals (2016 to 2018)

Child and Adult Trauma-Focused Therapy Trainings

- Diversity and Cultural Competency (yearly training in various settings with the most recent in 2019)
- Trauma-Focused Cognitive Behavioral Therapy through the Department of Psychiatry and Behavioral Sciences Medical University of South Carolina (2016)
- Trauma and Attachment: Effective Treatment Interventions with Terry Levy, Ph.D., DAPA, BCFE (2015)
- Play Therapy with Traumatized Children with Dr. Eliana Gil (2015)
- Trauma Informed Excellence with Matt Bennett, MBA, MA of the Coldspring Center (2014)
- Cognitive Behavioral Therapy with consultation, monthly case presentations, and education through the Veterans Administration (2013 to 2014)
- Post-Traumatic Stress Disorder and Traumatic Brain Injury through the Veterans Administration (2012)
- Within Our Reach/Within My Reach through PREP (2009 to 2010)
- Nurturing Parenting (2005)

PROFESSIONAL & COMMUNITY AFFILIATIONS

Aurora Veterans Forum 2016 to 2017

Lowry Family Center 2005 to 2014

Project Safeguard 2008 to 2009, Board Secretary

Final Harvest Christian Center 2007 to 2010, Children's Ministry Educator

PUBLICATIONS AND PROFESSIONAL PRESENTATIONS

Presented on Trauma-Informed Care through Families Forward Resource Center to Denver Human Services Foster/Kinship/Adopt Families 2015.

The Core Curriculum of Addictions Nursing, International Society on Addictions Nursing
Co-Editor, revised edition 2008.

McComb, G., and Schmidt, A. (2003). Trends in Health-Care Design and Construction *Contractor's Management Journal*, FMI Corporation.