

Child Development, Attachment

Child Development - General

Center on the Developing Child

This resource library provides reports, guides, factsheets, white papers and more on child development and can be filtered by topic. Important topics to browse include: brain architecture, adult capabilities, neglect, resilience, toxic stress, and mental health. Activities for children can also be found on this site.

Harvard University, Center on the Developing Child

<https://developingchild.harvard.edu/resources/>

Center on the Developing Child: Deep Dives

“Deep dives” provide in-depth scientific content that is accurate, credible, understandable to nonscientists, and useful for public decision makers. Within each “deep dive” section, you’ll find different types of materials based on research by the National Scientific Council on the Developing Child, including full-length reports, working papers, briefs, and multimedia.

Harvard University, Center on the Developing Child

<https://developingchild.harvard.edu/science/deep-dives/>

Healthy Beginnings, Healthy Futures: A Judge’s Guide

This book serves as a guide for judges on the wide array of health needs of very young children in the child welfare system. By sharing current research on physical health, child development, attachment, infant mental health, and early care and education, the authors provide tools and strategies to help judges promote better outcomes for babies, toddlers, and preschoolers who enter their courtrooms.

American Bar Association, National Council of Juvenile and Family Court Judges, Zero to Three National Policy Center

<https://shop.americanbar.org/eBus/Store/ProductDetails.aspx?productId=213557>

The Impact of Early Adversity on Children’s Development

This InBrief publication addresses the impact of early experiences and toxic and chronic stress on child development. The importance of early intervention and stable relationships to healthy development is discussed.

Harvard University, Center on the Developing Child <https://46y5eh11fhgw3ve3ytpwxt9r-wpengine.netdna-ssl.com/wpcontent/uploads/2015/05/inbrief-adversity-1.pdf>

Long Term Consequences of Child Abuse and Neglect

This factsheet addresses the physical, psychological, behavioral, and societal consequences of child abuse and neglect.

Child Welfare Information Gateway. (2013). Long-term consequences of child abuse and neglect. Washington, DC: U.S. Department of Health and Human Services, Children’s Bureau.

https://www.childwelfare.gov/pubPDFs/long_term_consequences.pdf

Understanding Developmental Stages

This webpage contains links to resources and articles to help parents and professionals understand developmental stages.

Child Welfare Information Gateway

<https://www.childwelfare.gov/topics/preventing/promoting/parenting/understanding/>

What Young People Need to Thrive: Leveraging the Strengthening Families Act to Promote Normalcy

This brief addresses the importance of normalcy to the overall healthy development of young people in foster care and barriers youth face and their recommendations. Strategies from the field and suggestions for how to create a more supportive and normal environment are provided. A normalcy activity checklist for youth and normalcy guidelines are included. Anne E. Casey Foundation, Jim Casey Youth Opportunities Initiative

<http://www.aecf.org/m/resourcedoc/aecf-whatyoungpeopleneedtothrive-2015.pdf>

Zero to Three

Research and clinical experience demonstrate that the earliest relationships and experiences a child has with parents and other caregivers dramatically influences brain development, social, emotional and cognitive skills, and future health and success in school and life. This website offers resources to parents and professionals on early childhood development, early learning, parenting, and policy and advocacy. Browse by topic, resource or services.

<https://www.zerotothree.org/>

Brain Development

How Brains are Built: Core Story of Brain Development (video)

Using metaphors developed by FrameWorks and tested with audiences both in the US and in Alberta, "How Brains are Built" infuses core story concepts with energy, accessibility, and high fidelity to the science.

Alberta Family Wellness Initiative

<http://www.albertafamilywellness.org/resources/video/how-brains-are-built-core-story-of-brain-development>

Serve & Return (video)

This video describes the early interactions that promote healthy brain development. Positive experiences with parents and trusted caregivers help to build fundamental brain architecture in young children. Serve and return is one of the most important forms of child and guardian interaction.

Alberta Family Wellness Initiative

<http://www.albertafamilywellness.org/resources/video/serve-and-return>

Supporting Brain Development in Traumatized Children and Youth

This bulletin summarizes the effects of early trauma on brain development and looks at steps child welfare professionals can take to screen for developmental delays and identify the trauma-affected children and youth in their care. It also looks at ways to access cross-sector, therapeutic, and evidence-based treatment to encourage healthy recovery for trauma-affected children and youth.

Child Welfare Information Gateway. (2017). *Supporting brain development in traumatized children and youth*. Washington, DC: U.S. Department of Health and Human Services, Children's Bureau.
<https://www.childwelfare.gov/pubs/braindevtrauma/>

Understanding the Effects of Maltreatment on Brain Development

This issue brief provides basic information on typical brain development and the potential effects of abuse and neglect on that development. The information is designed to help professionals understand the emotional, mental, and behavioral impact of early abuse and neglect in children who come to the attention of the child welfare system.

Child Welfare Information Gateway. (2015). *Understanding the effects of maltreatment on brain development*. Washington, DC: U.S. Department of Health and Human Services, Children's Bureau. <https://www.childwelfare.gov/pubs/issue-briefs/brain-development/>

Early Childhood Development

Addressing the Needs of Young Children in Child Welfare: Part C-Early Intervention Services

This bulletin provides an overview of the Part C referral provisions in the 2003 reauthorization of the Child Abuse Prevention and Treatment Act (CAPTA) and in the Individuals with Disabilities Education Improvement Act of 2004 (IDEA) and describes the intersection of child welfare services and early intervention with young children.

Child Welfare Information Gateway. (2013). *Addressing the needs of young children in child welfare: Part C—Early intervention services*. Washington, DC: U.S. Department of Health and Human Services.
<https://www.childwelfare.gov/pubs/partc/>

Resources for Children

A Feel Better Book for Little Tempers

This book helps young children who are just beginning to recognize and identify their emotions understand how anger feels and affects them. Readers are taught that it's okay to get mad, if you know what to do.

American Psychological Association
Brochmann, H. and Leah Bowen. (2018). *A Feel Better Book for Little Tempers*. Washington, D.C.: American Psychological Association.
<http://www.apa.org/pubs/magination/441B230.aspx>